

FIND A HEALTH CARE PROVIDER

Better value. Better together.

With a growing nationwide PPO network* of more than 940,000 health care professionals and more than 6,300 facilities, Cigna offers you a range of quality choices to help you stay healthy.

Three ways to find what you need

There are three ways to find a network provider:

- If you're already enrolled, visit **myCigna.com** and log in using your User ID and Password.
- Visit **Cigna.com** and click "Find a Doctor, Dentist, or Facility." Be sure to select the "Preferred Provider Organization (PPO) and PPO Tiered" network.
- Call your Third Party Administrator during business hours.

Features on myCigna.com allow you to:

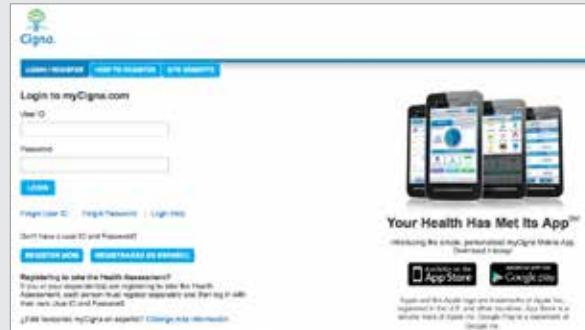
- Narrow your results by distance, specialty and more.
- Email a copy of your search results.
- Find doctors in 22 different medical specialties, who meet certain quality and cost-efficiency measures and have been awarded the Cigna Care Designation.
- Estimate procedure costs based on Cigna's historical data.

Cigna's extensive PPO Network gives you access to qualified health care professionals. Your good health is important, and we're here to help.

Together, all the way.®

Option 1

Log in to myCigna.com



Option 2

1. Visit **Cigna.com** - click on "Find a Doctor" (upper right).
2. On the next page, click on "Plans through your employer or school" (Not a Cigna customer yet).
3. Click "Pick" (small orange box).
4. Click "Preferred Provider Organization (PPO) and PPO Tiered" in the pop-up box.



* "Cigna PPO Network" refers to the health care providers (doctors, hospitals, specialists) contracted as part of the Cigna PPO Network for Shared Administration.

Quality designations, cost-efficiency and other ratings reflect a partial assessment of quality and cost-efficiency and should not be the sole basis for decision-making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a health care professional or facility. Health care professionals and facilities that participate in the Cigna network are independent contractors solely responsible for the care and services provided to their patients. They are not agents of Cigna.

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